



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: CURLING

Context: Community Sport Initiation
Participant age group: children, 9-12 years
Age range of coaches: adults
Date of conditional approval: Fall 2004
Official launch date (both official languages): Fall 2005

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	
Plan a Practice	T	
Support to Athletes in Training	T	
Analyze Performance	T	
Design a Sport Program		
Support the Competitive Experience	T	
Manage a Sport Program		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

Training program is based on the NCCP Community Coach Template.

Training Description:

- This one day workshop takes place at a curling club
- Two practice coaching sessions, a technical planning and analysis session allow for structured assessment by the Learning Facilitator(s) and peers
- Actual participants (children) are involved in the second practice coaching session which gives the new coaches a very real feel to the challenges of organizing a structured activity

Learning Facilitator Training:

- Master LFs were identified by both the Canadian Curling Association and the Provincial/Territorial Curling Associations to attend a centralized funded training session coordinated by the CCA.
- MLFs were refreshed on adult education principles and facilitation skills and had the opportunity to share their best practices.
- Each learning activity was tested by an MLF in a focus group of peers. After which the peer group debriefed the activity and how they could make the session run more smoothly, more interactively, more personalized. This debrief was lead by the MLF who ran the activity and was able to provide their own comments and constructive feedback first
- Format was very positively received by the group of very experienced MLFs

NSF Contact Information

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3 most innovative features of your program:

1. Involving actual KidsCurl participants in the coach training.
2. Allowing the coaches to use their own experience to discover the most efficient way to teach children how to participate safely.
3. One day format allows for a one-stop shop of coach training that clubs and coaches are buying into.



Coaching
Association
of Canada

Association
canadienne
des entraîneurs