



National
Coaching
Certification
Program

Programme
national de
certification des
entraîneurs



Sport: Volleyball

Discipline: Indoor & outdoor

Context: Instruction – Beginners

Participant age group: 13-18

Estimated number of participants: 500,000

Age range of coaches: mostly 20-30

Estimated number of coaches: 30,000-60,000

Date of conditional approval: March 18, 2005

Official launch date (both official languages): Spring 2006

Outcomes trained and evaluated:

Outcome	Trained	Evaluated
Make Ethical Decisions	T	E
Plan a Practice	T	
Support to Athletes in Training	T	E
Analyze Performance	T	E
Design a Sport Program		
Support the Competitive Experience		
Manage a Sport Program		
**Sport-specific outcomes		

Which multi-sport modules will the coaches access through the provincial/territorial delivery system?

Part "A"

Training Description:

The workshop is one weekend. Coaches receive practical, on the court training that focuses primarily on organizing and delivering effective drills. Coaches will also access the multi-sport modules in Part A (Make Ethical Decisions, Nutrition and Planning a Practice).

Evaluation Description:

As part of the training workshop, coaches are assessed in their ability to organize and deliver drills. Coaches are asked to complete a portfolio and will also be observed onsite at their local club/school.

NSO Contact Information

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Most innovative features of your program:

1. Most of the sport-specific workshop is practical, on-the-court sessions.
2. Assessment is used in the workshop. The coach will know which areas to improve before being formally evaluated for certification.

OUTCOME	CRITERIA	Multi-sport module	Integration
Make Ethical Decisions	<ul style="list-style-type: none"> • Use an ethical decision-making process • Identify personal coaching philosophy 	Make Ethical Decisions	No
Plan a Practice	<ul style="list-style-type: none"> • Identify appropriate logistics for training • Identify appropriate activities in each part of the training session • Design an Emergency Action Plan 	Planning a Practice	No
Design a Sport Program	N/a		
Analyze Performance	<ul style="list-style-type: none"> • Detect and correct basic skills and tactics 	None	
Provide Support to Athletes in Training	<ul style="list-style-type: none"> • Ensure a safe training environment • Conduct a successful drill • Provide effective feedback 	None	
Support the Competitive Experience	<ul style="list-style-type: none"> • Intervene effectively in match situations 	none	
Manage a Program			